

CLAIMS

1. Iron- and vitamin-enriched rice or barley, characterized in that rice grains
or barley grains are coated with an emulsifying agent-coated iron salt
5 composition and vitamins, and further coated with a mixture of a hydrogenated
oil and a polyglycerol fatty acid ester.
2. Iron-enriched rice or barley, characterized in that rice grains or barley
grains are coated with a mixture comprising an iron salt, a hydrogenated oil and
10 a polyglycerol fatty acid ester.
3. Iron- and vitamin-enriched rice or barley, characterized in that rice grains
or barley grains are coated with a mixture comprising an emulsifying agent-
coated iron salt composition, vitamins, a hydrogenated oil and a polyglycerol
15 fatty acid ester.
4. The enriched rice or barley according to any one of claims 1 to 3,
characterized in that the iron salt has an average particle diameter of 2 μm or less.